



10 Ways to Prepare Your Child for

KINDERGARTEN

1. **Read books every day.**
2. **Develop fine motor skills:** holding a pencil, colouring, cutting with scissors.
3. **Print first name** with only the first letter capitalized.
4. **Learn to follow 2-step instructions:** "Please go get your shoes and put them on."
5. **Use good manners:** "Please" and "thank you."
6. **Talk about social skills:** greeting others, sharing, taking turns, positive words, talking about handling anger.
7. **Help your child take responsibility:** clean up messes, dress themselves, get their own snacks.
8. **Practice number recognition:** count objects daily.
9. **Practice letter and sound recognition:** practice saying the letters and their sounds every day.
10. **Build self-esteem!** Praise your child often because Kindergarten is hard!

